



When I play I feel strong. When we play together we are powerful.

When you laugh at authority your laughter is infection and people feel inspired to join in. Samba is the music of revolution, and dancing in the faces of oppressors a revolutionary act.

Our rhythms are ancient, uplifting. They lift your body and your soul.

So Rise Up! Rise up and dance!

RHYTHMS



Rhythms of Resistance, in short RoR, is an **international network** of music activists who want a more social and ecological world. RoR means **doing actions without violence**, and we believe that music is the way to canalize aggressions, while we are trying to highlight specific problems doing direct and creative actions.

RoR Ghent is participating in manifestations and direct actions in **whole Belgium and Europe**. We create an energetic environment of solidarity, creativity and frivolity, in which there is no place for violence.

RoR Ghent has **every Thursday at 19 o'clock** a rehearsal in the secretary of the movement Youth Alliance for Nature and Environment (www.jnm.be). Join our way of doing actions! Come over and take a look, a drum and some sticks out of our basement and **play with us** - even if you have never had an instrument in your hands! You can find us in the Kortrijksepoortstraat 192 in Ghent.

Wanna know more? Don't hesitate to contact us:



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think pink - think green - be gold